

Arrowwood Hills Cooperative

September 2023 newsletter



Letter to the Community

Dear Arrowwood Community Members,

August was a productive month, and it is our pleasure to share some exciting news.

Introducing Our New Site Manager - Mary Moyer

After evaluating applications and conducting interviews, the Arrowwood Board of Directors is pleased to announce the hiring of Mary Moyer as the new site manager. Of the finalists selected for interviews, the board was unanimous in identifying Mary as the top candidate. Mary has served as Arrowwood's account specialist for the past six years and had been handling some of the site manager responsibilities in the interim period. In addition to the professional qualifications and experience that Mary possesses, she has already forged relationships with staff and members of the community. A community meet-and-greet with Mary is in the process of being scheduled but, in the meantime, members should feel free to stop in and congratulate her and wish her well in her new position as Arrowwood's site manager.

(cont. p2)

Next Board Meeting:

In-person ONLY

September 19, 2023

6:30 PM

Community Center

Board of Directors

Juan Montalvo

President

Frederique Laubepin

Vice President

Wanda Dawson

Treasurer

Dawn Richberg

Secretary

Gerald Cargile

Member-at-Large

SEPTEMBER

CALENDAR

- 1:** Carrying charges are due
- 6:** First late charge added
- 8:** Food Gatherers (11 AM-1 PM)
- 8:** Senior Night (6-8 PM)
- 11:** Communications Committee meeting (6:30 PM)
- 19:** Board meeting (6:30 PM)
- 20:** Second late charge added
- 25:** Bulk pickup day (9 AM-3 PM, call office to schedule)

Letter to the Community (cont.)

Welcoming Victor Davis to the Maintenance Team

We are also delighted to introduce Victor Davis, the newest addition to our maintenance staff. Victor comes to Arrowwood with eight years of experience in general construction and repair. Having grown up right here in Arrowwood, Victor's roots are firmly planted within our community. He will be a valuable asset to our maintenance team. Welcome Victor!

Family Fun Night

Our friends at the Community Center put on another successful Family Fun Night on August 25. The event was blessed with great weather, and our young residents had an absolute blast with the games, activities, and treats. We owe a heartfelt thank you to our dedicated volunteers who made this evening possible. Your efforts are truly appreciated.

After a brief meeting hiatus in August, the Board of Director will resume holding open meetings in September. Our next open meeting will take place on September 19 at 6:30 PM in the Community Center. We look forward to seeing you there!

Warm regards,
Arrowwood Board of Directors

BOARD OF DIRECTORS MONTHLY MEETING

If you wish to address the board about an issue related to AHC policies and/or governance of the cooperative, email the board at


OR leave a written notice at the office.

Please include your name, address, phone or email, and the topic you would like to address the board about.

Requests to address the board at the September meeting must be made **in writing by September 13** (the Wednesday prior to the meeting).



BYLAWS BULLETIN

What exactly are the bylaws?

The by-laws are a set of rules and procedures that state how the cooperative will conduct its business. The by-laws must abide by both the articles of incorporation and the laws of the state of Michigan. The bylaws address such topics as the purpose of the cooperative, membership, annual meetings, fiscal management, and the board of directors.

Where can I find AHC's bylaws?

A copy of Arrowwood's by-laws may be found at the back of the member Arrowwood. Copies may also be requested at the office.

If you have any questions about the bylaws please contact the Board of Directors.

Section 8

Section 8 is a program that assists low-income individuals and families with paying housing costs. The state of Michigan uses income limits set by the U.S. Department of Housing and Urban Development (HUD) to establish the criteria for Section 8 housing.

Arrowwood continues to operate under a project-based Section 8 contract with HUD. If you have questions about Section 8 and/or would like to find out if you qualify, contact the office for more information.





Recycling

By Jeri Schneider

Hello neighbors! We are fortunate to have excellent recycling services in Ann Arbor. This helps cut down on waste going into landfills, protect our waterways and forests, and keep our environment clean. In 2021, with your help, Recycle Ann Arbor diverted **15,698 tons** of materials from the landfill!

Here are some pointers to make recycling easier and more effective for everyone:

- Please rinse out all containers before placing them in a bin.
- Remove metal lids from jars and place them in the recycle bin too.
- If you are able, please flatten plastic jugs, cans, and boxes so the bins will not fill up so fast.
- Remove any food or liners from pizza boxes before placing them in the bin.

Items that are recyclable:

- **Aerosol cans (empty):** Before you throw the can in the recycling bin, please make sure it is indeed empty because if it has any chemicals left, it could cause hazardous chemicals to contaminate the rest of the recyclables in the load.
- **Plant pots (rigid plastic):** As long as your plant pots are not made out of soft, flimsy plastic (like the black plastic planters), they can be recycled. Make sure the pots are clean!
- **Aluminum foil (clean):** Roll the aluminum foil into a ball, preferably at least the size of your fist. Making your foil into a larger, 3-dimensional form helps it get sorted into the proper place at the Materials Recovery Facility. If it is flattened, the machines may sort it into the paper. If it is too small, it is vulnerable to literally “falling through the cracks.” Clean aluminum pans/trays can also be recycled if properly cleaned and balled up.
- **Aseptic containers (Tetra Pak):** These are food and drink cartons that hold items such as broth, soups, fruit juice, and plant milk. Make sure that there is no leftover liquid or food inside your cartons before recycling, and throw away plastic caps—do not screw them back on the Tetra Pak.
- **Milk cartons (plastic or paper):** Make sure there is no liquid left inside the cartons. If there is any milk left inside, the carton will be considered contaminated and sent to the landfill.



Items that should NOT be placed in recycle bins: Styrofoam, plastic bags, paper or plastic cups, paper plates, plastic packaging cushions/air pillows, batteries, coffee and creamer pods (e.g., Keurig), light bulbs, foil bags and wrappers (e.g., from chips and granola bars), broken glass, ice cream containers, flat plastic lids that snap onto plastic tubs, plastic cutlery, prescription bottles, and tissue paper.

Visit [recycle.org](https://www.recycle.org) for a complete list of items that may be placed in the recycle bins, as well as ideas for how to reduce, reuse, or recycle items that are not accepted in the recycle bins.



Cook with us!

Honey Garlic Chicken Stir Fry

*This recipe was contributed by
Kalee Murphy*



INGREDIENTS

- 1 tablespoon + 1 teaspoon **vegetable oil** divided use
- 1 cup thinly sliced peeled **carrots**
- 2 cups **broccoli florets**
- 1 lb **boneless skinless chicken breasts**, cut into 1 inch pieces
- 4 cloves **garlic** minced
- 1/4 cup low sodium **chicken broth or water**
- 1/4 cup **soy sauce**
- 3 tablespoons **honey**
- 2 teaspoons **cornstarch**
- 1 teaspoon **garlic powder**
- 1 teaspoon **onion powder**
- **salt and pepper** to taste
- *Optional for even more veggies:* white onion, green and orange pepper! Add when you cook the broccoli and carrots.

DIRECTIONS

1. Heat 1 teaspoon of oil in a large pan over medium heat.
2. Add the broccoli and carrots and cook for approximately 4 minutes or until vegetables are tender.
3. Remove the vegetables from the pan; place them on a plate and cover.
4. Wipe the pan clean with a paper towel and turn the heat to high.
5. Add the remaining tablespoon of oil.
6. Season the chicken pieces with salt, pepper, garlic powder and onion powder and add them to the pan in a single layer – you may need to do this step in batches. Cook for 3-4 minutes on each side until golden brown and cooked through.
7. Add the garlic to the pan and cook for 30 seconds.
8. Add the vegetables back to the pan and cook for 2 more minutes or until the vegetables are warmed through.
9. In a bowl whisk together the chicken broth, honey and soy sauce.
10. In a small bowl mix the cornstarch with a tablespoon of cold water.
11. Pour the soy sauce mixture over the chicken and vegetables; cook for 30 seconds.
12. Add the cornstarch and bring to a boil; cook for 1 more minute or until sauce has just started to thicken.
13. Serve immediately with rice.

REMINDERS

Communications Committee Survey

The Communications Committee would like to hear from you! Please complete our anonymous survey to help us improve the type of information that is shared and how it is shared.

Find the survey at [REDACTED] or scan the QR code below.

If you prefer to fill out a print version of the survey, see the last page of this newsletter. Please return the completed survey to the Arrowwood Office. Thank you!



Mailboxes

Members should keep in mind that, according to the United States Postal Service (USPS),

|| No part of a mail receptacle may be used to deliver any matter not bearing postage, including items or matter placed upon, supported by, attached to, hung from, or inserted into a mail receptacle. Any mailable matter not bearing postage and found as described above is subject to the same postage as would be paid if it were carried by mail. ||

That means that you may not put anything in or on the mailbox that does not have postage on it and if you do, the post office may charge you for it retroactively. Flyers and notices without postage should be placed on doorknobs or between the door and the screen.

CONTACTS

Board of Directors

- Email: [REDACTED] Attn: Board of Directors
- Mail or drop off correspondence to the Arrowwood office marked Attn: Board of Directors

Arrowwood office

- Phone: (734) 665-3116
- Email: [REDACTED]

Construction concerns: Marcus Management

- Phone: (248) 553-4700
- Email: [REDACTED] and/or [REDACTED]

Arrowwood Communications Committee Survey

We value your input so we can improve the type of information that is shared and how it is shared. Your responses will be anonymous, unless you choose to share your name and email address with us.

COMMUNICATIONS QUESTIONS:

What is the PRIMARY/MAIN language spoken in your household? If there is more than one primary/main language, please list them.

In addition to your primary/main language(s), what other languages are spoken in your household?

What types of content have you liked seeing in the Arrowwood newsletter?

What are some ways we could improve the newsletter, and what additional information would you like to see in the newsletter?

We are considering making a digital version of the newsletter in addition to print. Would you be interested in receiving this by email? (Please check one)

- Yes, I prefer email only.
- Yes, and I would like a print version too.
- No, I would like the print version only.

What ideas/suggestions do you have to improve communications between the Board of Directors, Arrowwood staff, management, and members?

Would you be interested in signing up for an emergency notification system by text, WhatsApp, email, or some other method? (Please check one)

- Yes
- No
- Other:

Arrowwood Communications Committee Survey (cont.)

MEMBER PARTICIPATION QUESTIONS:

Our community has many opportunities for members to get involved and connect with each other, including Senior Nights, the after-school children's program, summer camp, Family Fun Night, Movie Night (new!), board meetings, and working committees. We have a fabulous Community Center that can be used for a variety of activities. Please tell us about your ideas and interests, especially if you are willing to step up and organize or lead an event!

What activities would you like to see happen in our community (classes, workshops, social gatherings, etc.)?

Describe a skill or interest you have that you would be willing to teach/share with other members.

Are you interested in joining the Communications Committee or the LACE (Landscaping, Architecture, Conservation and Energy) Committee, or another committee that does not yet exist?

_____ Communications Committee

_____ LACE Committee

_____ Other (please describe):

If you would like to be on a committee or lead an activity, please provide your name and email address or phone number. If you prefer to keep your survey responses anonymous, leave this blank and email us instead at [REDACTED].

Please return your completed survey to the Arrowwood Office. Thank you!